



Online Mental Health Screening Resources¹

Screenings Resources for Adults

CDC Healthier Worksite Initiative Preventative Screenings	http://www.cdc.gov/nccdphp/dnpao/hwi/resources/preventative_screening.htm This site provides information on screening across health issues.
Depression and Bipolar Support Alliance Mood Disorder Screening	http://www.dbsalliance.org/site/PageServer?pagename=Signs_symptoms This site provides an online self screening and resources based on your responses
Mayo Clinic Mental Health Screenings	http://www.mayoclinic.com/health/mental-health/MH00042/METHOD=print http://www.mayoclinic.com/health/depression/MH00103_D The Mayo sites provide information and an online self-screening with resources
Mental Health America Mental Health Screenings	http://www.nmha.org/go/help Formerly the National Mental Health Association this site provides screening and information on finding a provider
Screening for Mental Health (SMH) Mental Health Screenings	http://www.mentalhealthscreening.org/ This site provides online screening tools as well as information about public screening events
Substance Abuse and Mental Health Services Administration (SAMHSA) Mental Health Screenings	http://store.samhsa.gov/facet/Treatment-Prevention-Recovery/term/Screening-Tool/narrow/For-Professionals?narrowToAdd=For-the-General-Public This site provides ordering links for screening publications
Substance Abuse and Mental Health Services Administration (SAMHSA) Screening for Military Families	http://store.samhsa.gov/facet/Treatment-Prevention-Recovery/term/Mental-Health-Screening?narrowToAdd=For-the-General-Public This site provides ordering links for screening publications
Veterans Crisis Line Veterans Self-Check Quiz	https://www.vetselfcheck.org/welcome.cfm This site provides an online screening with a link to live counselor at anytime.

¹ Web addresses can change. All addresses are current as of February 2, 2012



Screening Resources for Students (note-these resources are for adults to use. Unless noted they are NOT for use by students)

National Assembly on School Based Health-Care (NASBHC) Mental Health Screenings	http://www.nasbhc.org/site/c.ckLQKbOVLkK6E/b.7697107/apps/s/content.asp?ct=11072845 This site provides information on screening for children.
Substance Abuse and Mental Health Services Administration (SAMHSA) Screening for Substance Use Disorders	http://store.samhsa.gov/product/TIP-31-Screening-and-Assessing-Adolescents-for-Substance-Use-Disorders/SMA09-407 This site provides ordering links for screening publications
Substance Abuse and Mental Health Services Administration (SAMHSA) Screening for Alcohol and other Drug Abuse and Infectious Diseases	http://store.samhsa.gov/product/TIP-11-Screening-Instruments-for-Alcohol-and-Other-Drug-Abuse-and-Infectious-Diseases/BKD143 This site provides ordering links for screening publications
Substance Abuse and Mental Health Services Administration (SAMHSA) Screening for Military Families	http://store.samhsa.gov/facet/Treatment-Prevention-Recovery/term/Mental-Health-Screening?narrowToAdd=For-the-General-Public This site provides ordering links for screening publications